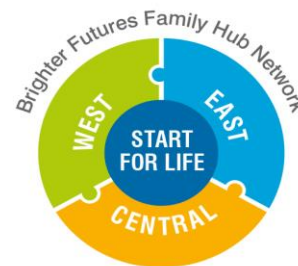


Ockendon Family Hub

2a Afton Drive, South Ockendon, RM15 5PA
 Email: ockendoncc@thurrock.gov.uk Phone: 01375 413 936



 thurrock.gov.uk

What's on in June 2023

Mondays

Start	End	Activity	Age groups	How to join in
9:30am	11am	Chatterbox 5th, 12th, 19th and 26th June	24 to 36 months	Referral Only
10am	Midday	EPEC – Baby and Us Starting from 5th June for 8 weeks	0 to 8 months	Book in advance
11:30am	12:30pm	Baby Massage 5th, 19th, and 26th June (Need to attend all 3 sessions)	0 to 12 months only – no older siblings	Book in advance
1pm	2pm	Ready, Steady, Learn 12th, 19th June, and 3rd July (Need to attend all 3 sessions)	36 to 60 months	Book in advance
1:30pm	2:30pm	Baby Rhyme Time 5th and 26th June	0 to 12 months only – no older siblings	Book in advance

Tuesdays

9am	5pm	Midwife Appointments		Book with your midwife
1:30pm	2:30pm	SEND – Just for You Term time only	0 to 60 months	Please call 01375 413936 for more information

Wednesdays

9am	12pm	Infant Feeding Advice and Support (held at South Ockendon Health Centre)		Book in advance 07534227974 or 0300 300 1999
9am	5pm	1 and 2 year old Developmental Assessment checks		Book in advance 0300 300 1999
9:30am	11:30am	Paediatric First Aid Workshop Course code: 8031c2227 7th June	Parents/Carers only – no creche facilities	Book in advance 01375 372476 and press option 1
10am	Midday	SEND Parent Advisory Team Thurrock (PATT) 14th June	Parents/Carers	Book in advance 07702 127 252

10am	12:30pm	Job Club – Supported Families Employment Adviser	Parents/Carers	Book in advance 07776245301
1:30pm	2:30pm	Toddlers into Books – Week 1 7th June Toddlers into Books - Week 2 21st June	12 to 36 months	Book in advance
1:30pm	2:30pm	Sensory Babies 28th June	0 to 12 months only – no older siblings	Book in advance
1pm	4pm	Speech and Language Clinic 28th June (4 th Wednesday in each month)	18 to 60 months	Appointment only 0300 300 1544
1pm	4:30pm	Domestic abuse and violence support		Call 07494167408
4pm	5:30pm	Young Carers group (Term time only)	4 to 8 year olds	Referral only

Thursdays

9am	5pm	Midwife Appointments		Book with your midwife
9am	11:30am	Antenatal Bloods		Book with your midwife
9am	Midday	Stop Smoking with Thurrock Healthy Lifestyle – Drop In 29th June	Parents/Carers	All welcome
9am	11am	Baby Weighing Clinic - Drop In held at OCKENDON HEALTH CENTRE Darenth Lane, South Ockendon (Opposite the Police Station)	0 to 60 months	All welcome
9:15am	10:15am	Stay and Play From 8th June	12 to 24 months	All welcome
11am	Midday	Stay and Play From 8th June	24 to 60 months	All welcome
1:30pm	2:30pm	Stay and Play From 8th June	0 to 12 months only – no older siblings	All welcome
1pm	5pm	Newborn Screening	Day 5 to Day 8	Book with your midwife

Fridays

9:15am	10:15am	Let's talk with your Baby 9th, 16th, 23rd and 30th June (Need to attend all 4 sessions)	0 to 12 months only – no older siblings	Book in advance
10am	Midday	Parental Outreach Advice Session 23rd June	Parents/Carers	Book in advance
11am	Midday	Bring a story to life 9th, 16th, 23rd and 30th June	12 to 60 months	All welcome
2pm	3pm	Let's talk with your Toddler 9th, 23rd and 30th June	12 to 24 months	Book in advance

		(Need to attend all 3 sessions)		
2pm	3pm	Pyjamarama Booktrust Special Event 16th June	12 to 60 months	All welcome

Brighter Futures – Family Hub Offer

Please use this link to see the Children’s Centre offer and activity details -
www.thurrock.gov.uk/childrens-centre-activities

Please see the Thurrock website for details of each Children’s Centre and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockschildrenscentres www.facebook.com/thurrockcouncil

Are your registered with the Children’s Centre? If not, you can do this online.
 Visit: www.thurrock.gov.uk/childrens-centres