



What's on in June 2024

Mondays

Start	End	Activity	Age groups	How to join in
8.30am	12.00am	Housing Advice for Council Tenants		
9.30am	10.30am	Start for Life - Stay and Play	12 to 24 Months	All welcome
9.30am	10.30am	Parents 1 st Coffee Morning 24th June	This is an opportunity for you to meet other expectant mums in your area and get information on local groups available to you	All welcome
11.00am	12.00am	Sensory Play 3rd – 0 to 12 months 10th – 12 to 24 months 17th – 24 to 60 months 24th – 0 to 12 months		All welcome
1.30pm	2.30pm	Fun with - 3rd - Stickers 10th - Textures 17th - Books 24th - Mark Making	12 to 60 months	All welcome

Tuesdays

9.30am	10.30am	Infant Feeding Clinic	Parents/Carers	Referral only
9.30am	10.30am	Messy Play	24 to 60 Months	All welcome
9.30am	10.30am	Start for Life - Let's Talk to Your Baby	0 to 12 Months	Book in advance
11.00am	12.00am	Start for Life - Let's Talk to Toddler	12 to 24 Months	Book in advance
11.00am	12.00am	Start for Life - Baby Rhyme Time	0 to 12 Months	All welcome
12:30pm	1.30pm	Dental Workshop Event Early Years Oral Health Programme 4th June	0 to 8 Years	Book in advance
1.30pm	2.30pm	Start for Life - Stay and Play 4th, 11th and 18th June	0 to 12 Months	All welcome
1.30pm	2.30pm	Garden Play 4th – 24 to 60 months 11th – 12 to 24 months 18th – 24 to 60 months		All welcome

Wednesdays

9.00am	12.00am	Local Area Co-Ordinator	Individual sessions	Book in advance
9.30am	10.30am	Fun With Small World Play 5th, 19th and 26th June	24 to 60 Months	All welcome
11.00am	12.00am	Stay and Play - Just for Dads	24 to 60 Months	All welcome
1.30pm	2.30pm	Stay and Play	24 to 60 Months	All welcome
7.30pm	8.30pm	Parent Carer Panel – Virtual – 19th June	Parent/Carer	Referral Only

Thursdays

9.30am	10.30am	Bookstart Toddler 6th and 20th June	12 to 30 Months	Book in advance
9.30am	11.00am	Childminder Support Group 13th June		All Childminders welcome
10.00am	12.30pm	Job club – Supported Families Employment Advisor	Parents/Carers	Book in advance 07776 245 301
11.00am	12.00pm	Just for Dads Stay and Play	0 to 12 Months	All welcome
11.00am	1.00pm	B3 – Birth, Bumps and Belonging 13th June	A safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be.	All welcome
11.00am	12:30pm	Pre and post-natal exercise classes Face to Face - For all fitness levels. You could improve your fitness, bladder control, posture, core strength, wellbeing and mood	Mothers with a 0 to 6 month child	Book in advance Tilbury Family Hub 01375 858243
1.00pm	2.30pm	Parent Carer Panel 6th June		Referral Only
1.30pm	2.30pm	Just for Dads Stay and Play	12 to 24 Months	All welcome

Fridays

9.30am	10.30am	Baby Massage	0 to 12 Months	Book in advance
10.00am	11.30am	Baby Weighing Clinic	0 to 60 Months	All Welcome
10.00am	11.00am	Start For Life - Time for you and baby too	Pre-birth to 24 months	Tilbury Family Hub - All welcome
11.00am	12.00am	Let's Talk to your Toddler	12 to 24 Months	Book in advance
12.00pm	2.00pm	Parents 1 st Antenatal Information Sessions 14th, 21st and 28th June	sarah@parents1st.org.uk	Book in advance 07789753925 sarah@parents1st.org.uk
1.30pm	16.30pm	Early Interaction Advice	24 to 60 Months	Referral Only
1.30pm	2.30pm	Chatterbox	24 to 60 Months	Referral Only

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres

Are your registered with the Family Hub? If not, you can do this online.

Visit: www.thurrock.gov.uk/family-hubs