

Tilbury Family Hub

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 thurrock.gov.uk

What's on in June 2024

Mondays

Start	End	Activity	Age groups	How to join in
9am	11am	Children's Continence Advisor 10th June 2024		Drop In
11am	5pm	Children's Continence Advisor 10th June 2024		Referral only
9am	4pm	Midwife Clinic		Book in advance
9:15am	10:15am	Stay and Play	12 to 24 months	All welcome
9:30am	10am	Sensory Room	0 to 60 months	Book in advance
9:30am	10:30am	Changing Pathways		Drop in
10am	11am	Essentials Bank		Drop In
10am	4:30pm	Inclusion Visions Substance Misuse and Support	18+	Drop in Lorraine 07977 792 236
10:30am	11:30am	Baby Rhyme Time 3rd June 2024	0 to 12 months	Book in advance
10:30am	11:30am	Stay and Play – Colour session 10th June 2024	0 to 12 months	All welcome
10:30am	11:30am	Messy Play Babies 17th June 2024	0 to 12 months	Book in advance
10:30am	12:30pm	Infant Feeding		Book in advance 0300 300 1999
10:45am	11:45am	Stay and Play	24 to 60 months	All welcome
11am	11:30am	Sensory Room	0 to 60 months	Book in advance
1:30pm	2pm	Sensory Room	0 to 60 months	Book in advance
1:30pm	2:30pm	Changing Pathways		Drop in
1:30pm	2:30pm	Baby Massage	0 to 12 months	Book in advance
3pm	3:30pm	Sensory Room	0 to 60 months	Book in advance
4pm	4:30pm	Sensory Room – SEND Children	5 to 8 years	Book in advance

Tuesdays

9am	Midday	Antenatal bloods		Book in advance
9am	4pm	Midwife Clinic		Book in advance
9am	4:30pm	Child and Mental Health Services (CAMHS)	0-19 Years and up to 25 for SEND	Referral through service only
9:30am	10am	Sensory Room	0 to 60 months	Book in advance

9:30am	11am	Childminder Support Group 25th June 2024		Referral only
9:30am	10:30am	Chatterbox	24 to 36 months	Referral only
9:30am	10:30am	Outdoor play 4th June 2024	24 to 60 months	All welcome
9:30am	10:30am	Outdoor play 11th June 2024	12 to 24 months	All welcome
9:30am	10:30am	Sand and Water Play 18th June 2024	24 to 60 months	Book in advance
9:30am	Midday	Aiding Your Anxious Child Course Code: CL52314T 11th June 2024	Adults Only	Book in advance 01375 858243
11am	11:30am	Sensory Room	0 to 60 months	Book in advance
11am	Midday	Sand and Water Play 18th June 2024	12 to 24 months	Book in advance
11am	12:30pm	Antenatal Sessions 4th, 11th, 18th and 25th June 2024	From 28 weeks plus	Book in advance 01375 858243
Midday	5pm	New Born Screening	5 to day 8	Book in advance
1pm	2pm	Talk Together	36 to 48 months	Referral only
1:30pm	2pm	Sensory Room	0 to 60 months	Book in advance
1:30pm	2:30pm	Stay and Play 4th, 11th and 25th June 2024	12 to 24 months	All welcome
3pm	3:30pm	Sensory Room	0 to 60 months	Book in advance
4pm	5:30pm	Young Carers Group	4 to 8 years	Referral only

Wednesdays

9am	Midday	Speech and Language Clinic 19th June 2024		Book in advance drop-in@nelft.nhs.uk
9am	4pm	Midwife Clinic		Book in advance
9am	4pm	MMR Vaccine 12th and 26th June 2024		Referral only
9am	1pm	1 and 2 Year Development Checks	12 to 36 months	Book in advance
9am	5pm	Counselling (Thurrock Inclusion)		Referral only
9:30am	10am	Sensory Room	0 to 60 months	Book in advance
10am	11:30am	Parent/Carer Panel 5th June 2024		Referral only
10am	Midday	Parent's 1 st coffee morning 5th June 2024		Drop in
11am	11:30am	Sensory Room	0 to 60 months	Book in advance
11am	11:45am	Developmental Play Group	8 months to 3 years	Referral only
Midday	1pm	Bookstart Toddler 12th June 2024	12 to 30 months	Book in advance
12:15pm	2pm	ONE COMMUNITY - Steps to Success Job Club Opportunity	Parents on Universal Credit	Drop in
1:30pm	2pm	Sensory Room	0 to 60 months	Book in advance
1:30pm	3pm	Baby Weighing Clinic	0 to 60 months	Drop in
1:30pm	3pm	Stay and Play - Start for Life 12th, 19th and 26th June 2024	0 to 24 months	All welcome
3pm	3:30pm	Sensory Room	0 to 60 months	Book in advance
4pm	4:30pm	Sensory Room – SEND Children	5 to 8 years	Book in advance

Thursdays

9am	4pm	Midwife Clinic		Book in advance
9:15am	10:15am	Just for Dads Stay and Play	12 to 24 months	All Dads welcome
9:30am	10am	Sensory Room	0 to 60 months	Book in advance
9:30am	12:30pm	PATT (SEND Parent Advisory Team Thurrock) 6th June 2024		Book in advance 07702 127 252
9:30am	11:30am	Well Homes - Advice for Home Owners and Private Renting Tenants 13th June 2024		Drop in
10am	Midday	Parents 1 st Coffee Morning 5th June 2024		Drop in
10:45am	11:45am	Just for Dads Stay and Play	24 to 60 months	All Dads welcome
11am	11:30am	Sensory Room	0 to 60 months	Book in advance
11am	11:30am	Sensory Room	0 to 60 months	Book in advance
11am	1pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be 27th June 2024		All welcome
1:30pm	2pm	Sensory Room	0 to 60 months	Book in advance
1:30pm	2:30pm	Just for Dads Stay and Play	0 to 12 months	All Dads welcome
1:30pm	2:30pm	Stay and Play	24 to 60 months	All welcome
3pm	3:30pm	Sensory Room	0 to 60 months	Book in advance
4pm	5pm	Children's Support Group		Referral Only

Fridays

9am	Midday	Antenatal bloods		Book in advance
9:30am	10am	Sensory Room	0 to 60 months	Book in advance
9:15am	10:15am	Garden Group	24 to 60 months	All welcome
10am	11am	Time for you and baby too 7th, 14th, 21st and 28th June 2024	Pre-birth to 24 months	All welcome
10am	11am	Soft Play Room	0 to 60 months	Book in advance
10am	Midday	EPEC – Living with a Teenager 7th, 14th, 21st and 28th June 2024	Parents of 11-16 year olds	Book in advance
10am	Midday	Calming Craft – Fabric Jewellery Course Code: CL62352T 14th June 2024	Adults only	Book in advance 01375 858243
11am	11:30am	Sensory Room	0 to 60 months	Book in advance
11am	Midday	Baby Massage	0 to 12 months	Book in advance
Midday	1pm	Soft Play Room	0 to 60 months	Book in advance
Midday	4:30pm	New Born Screening	5 to day 8	Book in advance
1pm	2pm	Essentials Bank		Drop In
1:30pm	2:30pm	SEND – Just for You 7th, 14th, 21st and 28th June 2024	0 to 60 months	Please call 01375 858243 for more information
1:30pm	2:30pm	Soft Play Room	0 to 60 months	Book in advance
1:30pm	2pm	Sensory Room	0 to 60 months	Book in advance
3pm	3:30pm	Sensory Room	0 to 60 months	Book in advance
3pm	4pm	Soft Play	0 to 60 months	Book in advance

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details
www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and
Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online
www.thurrock.gov.uk/family-hubs