



## What's on in October 2024

### Mondays

Start	End	Activity	Age groups	How to join in
8.30am	12.00am	Housing Advice for Council Tenants		
9.30am	10.30am	Start for Life - Stay and Play	12 to 24 Months	All welcome
11.00am	12.00am	Sensory Play 7 <sup>th</sup> - 0 to 12 Months 14 <sup>th</sup> - 12 to 60 Months 21 <sup>st</sup> - 24 to 60 Months 28 <sup>th</sup> - 0 to 12 Months		All welcome
1.30pm	2.30pm	7 <sup>th</sup> - Fun with Sticking 14 <sup>th</sup> - Fun with Mark Making 21 <sup>st</sup> - Fun with Water 28 <sup>th</sup> - Fun with Sand	12 to 60 months	All welcome

### Tuesdays

9.30am	4.30pm	OT/Physio Baby Clinic <b>15<sup>th</sup> October</b>		<b>Referral only</b>
9.30am	12.30am	Infant Feeding Clinic	Parents/Carers	<b>Referral Only</b>
9.30am	10.30am	Messy Play	12 to 60 Months	All welcome
9.30am	10.30am	Start for Life - Let's Talk to Your Baby	0 to 12 Months	<b>Book in advance</b>
9.30am	11.30am	Antenatal Sessions <b>Starting 29<sup>th</sup> October</b>	Parent/carer	<b>Book in advance</b>
11.00am	12.00am	Start for Life - Baby Rhyme Time	0 to 12 Months	All welcome
11.00am	12.00pm	Wellcomm – Talk Together	24 to 48 months	<b>Referral only</b>
1.30pm	2.30pm	Start for Life - Stay and Play	0 to 12 Months	All welcome

### Wednesdays

9.00am	12.00am	Local Area Co-Ordinator	Individual sessions	<b>Book in advance</b>
9.00am	4.00pm	Forward Trust – Addiction Service		All welcome
1.30pm	2.15pm	Stories and Rhymes <b>23<sup>rd</sup> and 30<sup>th</sup> October</b>	0 to 12 Months	All welcome
1.30pm	2.30pm	Stay and Play <b>2<sup>nd</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup> October</b>	24 to 60 months	All welcome

2.30pm	3.15pm	Stories and Rhymes <b>23<sup>rd</sup> and 30<sup>th</sup> October</b>	12 to 60 Months	All welcome
7.30pm	8.30pm	Parent Carer Panel – Virtual <b>9<sup>th</sup> October</b>	Parent/Carer	<b>Referral Only</b>

### Thursdays

8.30am	2.00pm	Early interaction Advice Session	24 to 60 Months	<b>Referral Only</b>
10.00am	12.30pm	Job club – Supported Families Employment Advisor	Parents/Carers	<b>Book in advance 07776 245 301</b>
11.00am	1.00pm	B3 – Birth, Bumps and Belonging <b>10<sup>th</sup> October</b>	A safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be.	All welcome
12.00pm	1.00pm	TACC - All About Me	Designed to help adult ESOL learners develop the language skills needed for effective self-expression in English.	<b>Book in Advance 01375 652653</b>
3.15pm	4.15pm	Stay and Play – After School Club	12 to 60 Months	All welcome

### Fridays

10.00am	11.30am	Baby Weighing Clinic	0 to 60 Months	All Welcome
11.00am	12.00am	Let's Talk to your Toddler	12 to 24 Months	<b>Book in advance</b>
12.30pm	2.30pm	Infant Feeding	Parents/Careers	<b>Referral Only</b>
1.00pm	2.30pm	Parent Career Panel <b>18<sup>th</sup> October</b>	Parent/Carer	<b>Referral Only</b>
1.30pm	16.30pm	Early Interaction Advice Session	24 to 60 Months	<b>Referral Only</b>
1.30pm	2.30pm	Chatterbox	24 to 60 Months	<b>Referral Only</b>

## Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

[www.facebook.com/groups/thurrockchildrenscentres](http://www.facebook.com/groups/thurrockchildrenscentres)

**Are you registered with the Family Hub? If not, you can do this online.**

**Visit: [www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)**