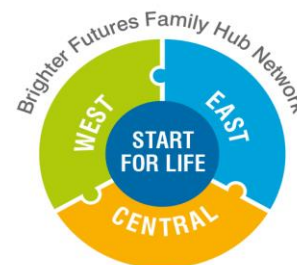


# Ockendon Family Hub

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 [thurrock.gov.uk](http://thurrock.gov.uk)

## What's on in February 2025

### Start for Life – 0 to 2 years

#### 0 to 12 months

Days of the week	Start	End	Activity	How to join in
Mondays	9am	10am	Start for Life: Sensory Play <b>17<sup>th</sup> February</b>	All welcome
	10:30am	11:30am	Time for you and baby too <b>Starting from 10<sup>th</sup> February</b>	All welcome
Tuesdays	9am	Midday	Start for Life: Sensory Play <b>4<sup>th</sup> February</b>	All welcome
	10am	11:30am	Special Event – The Tiger who came to tea <b>18<sup>th</sup> February</b>	Book in advance
	1:30pm	3pm	Special Event – The Tiger who came to tea <b>18<sup>th</sup> February</b>	Book in advance
	1:30pm	2:30pm	SEND – Just for You <b>Term time only</b>	All welcome
	1:30pm	2:30pm	Start for Life: Sensory Play <b>4<sup>th</sup> February</b>	All welcome
Wednesdays	11am	Midday	Start for Life: Baby Music and Rhymes <b>12<sup>th</sup> and 26<sup>th</sup> February</b>	All welcome
Thursdays	1:30pm	2:30pm	Start for Life - Stay and Play <b>6<sup>th</sup> 12<sup>th</sup> 20<sup>th</sup> and 27<sup>th</sup> February</b>	All welcome
Fridays	11am	Midday	Start for Life: Baby Massage <b>7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> and 28<sup>th</sup> February</b>	Book in advance
	1:30pm	2:30pm	Just for Dads <b>7<sup>th</sup> February</b>	All Dads welcome
	1:30pm	2:30pm	Dental Event <b>21<sup>st</sup> February</b>	Book in advance

## 12 to 24 months

Mondays	10:30am	11:30am	Time for you and baby too <b>Starting from 10<sup>th</sup> February</b>	All welcome
	11am	Midday	Sensory Play for Toddlers <b>10<sup>th</sup> 17<sup>th</sup> and 24<sup>th</sup> February</b>	Book in advance
	1:30pm	2:30pm	Fun with... <b>17<sup>th</sup> Mark Making</b> <b>24<sup>th</sup> Books and Puppets</b>	All welcome
Tuesdays	9:15am	10:15am	Let's Talk with Your Toddler <b>4<sup>th</sup> 11<sup>th</sup> and 25<sup>th</sup> February</b>	Book in advance
	11am	Midday	Messy Play <b>4<sup>th</sup> 11<sup>th</sup> and 25<sup>th</sup> February</b>	All welcome
	10am	11:30am	Special Event – The Tiger who came to tea <b>18<sup>th</sup> February</b>	Book in advance
	1:30pm	3pm	Special Event – The Tiger who came to tea <b>18<sup>th</sup> February</b>	Book in advance
	1:30pm	2:30pm	SEND – Just for You <b>Term time only</b>	All welcome
Wednesdays	9:15am	10:15am	Bring a story to life <b>5<sup>th</sup> Stick Man</b> <b>12<sup>th</sup> Three little pigs</b> <b>26<sup>th</sup> Elmer</b>	All welcome
	11am	Midday	Sing and Sign (18 to 36 months) <b>5<sup>th</sup> February</b>	Book in advance
Thursdays	9:15am	10:15am	Start for Life – Stay and Play <b>6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> and 27<sup>th</sup> February</b>	All welcome
Fridays	1:30pm	2:30pm	Just for Dads <b>7<sup>th</sup> February</b>	All Dads welcome

## Services and activities for parents and children aged 2-19 years

### 24 to 60 months

Mondays	9am	10am	Chatterbox <b>Term time only</b>	Referral only
	1:30pm	2:30pm	Fun with... <b>17<sup>th</sup> Mark Making</b> <b>24<sup>th</sup> Books and Puppets</b>	All welcome
Tuesdays	10am	11:30pm	Special Event – The Tiger who came to tea <b>18<sup>th</sup> February</b>	Book in advance
	11am	Midday	Messy Play <b>4<sup>th</sup> 11<sup>th</sup> and 25<sup>th</sup> February</b>	All welcome
	1:30pm	3pm	Special Event – The Tiger who came to tea <b>18<sup>th</sup> February</b>	Book in advance
	1:30pm	2:30pm	SEND – Just for You <b>Term time only</b>	All welcome
Wednesday	9:15am	10:15am	Bring a story to life <b>5<sup>th</sup> Stick Man</b> <b>12<sup>th</sup> Three little pigs</b> <b>26<sup>th</sup> Elmer</b>	All welcome
	11am	Midday	Sing and Sign (18 to 36 months) <b>5<sup>th</sup> February</b>	Book in advance
	1:30pm	2:30pm	Outside Play <b>19<sup>th</sup> February</b>	All welcome
Thursdays	11am	Midday	Start for Life – Stay and Play <b>6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> and 27<sup>th</sup> February</b>	All welcome
Fridays	9:15am	10:15am	Fun with Small World <b>7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> and 28<sup>th</sup> February</b>	All welcome
	1:30pm	2:30pm	Valentine Crafts <b>14<sup>th</sup> February</b>	All welcome
	1:30pm	2:30pm	Just for Dads <b>7<sup>th</sup> February</b>	All Dads welcome
	1:30pm	2:30pm	Dental Event <b>21<sup>st</sup> February</b>	Book in advance

### 5-19 years

Wednesdays	4pm	5:30pm	Young Carers (4-8 years)	Referral only
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## General Family Hub Support Services

Tuesdays	9am	5pm	Brook Sexual Health Clinic	Drop in and prebooked appointments from our website: <a href="http://www.brook.org.uk/thurrock">www.brook.org.uk/thurrock</a>
	10am	Midday	Well Homes - Advice for Home Owners and Private Renting Tenants <b>4<sup>th</sup> February</b>	Drop in
	10:30am	Midday	Parent/Carer Panel <b>25<sup>th</sup> February</b>	Book in advance 07748652512
	10:30am	Midday	Thurrock Virtual School: Information, advice and guidance on education matters and supporting children in education (Parents of 2 to 18 year olds) <b>25<sup>th</sup> February</b>	Drop in
	5pm	7pm	Dads First Aid Workshop <b>18<sup>th</sup> February</b>	Book in advance
Wednesdays	9am	5pm	Midwife appointments	Book in advance
	9am	Midday	Infant Feeding Advice and Support	Book in advance 0300 300 1999
	9:30am	4pm	1- and 2-year development checks	Book in advance 0300 300 1999
	11am	Midday	Sing and Sign (18 to 36 months) <b>5<sup>th</sup> February</b>	Book in advance
	1pm	3:30pm	Speech and Language Clinic <b>26<sup>th</sup> February</b> (4 <sup>th</sup> Wednesday in every month)	Appointments only by email: <a href="mailto:Drop-in@nelft.nhs.uk">Drop-in@nelft.nhs.uk</a>
Thursdays	9am	5pm	Midwife appointments	Book in advance
	9am	11:15am	Antenatal Blood Tests	Book in advance with your midwife
	10am	Midday	Parent Outreach Advice Session <b>6<sup>th</sup> February</b>	Book in advance
	1pm	5pm	Newborn Screening	Book with your midwife
Fridays	9am	4pm	Midwife appointments	Book in advance
	10am	3pm	Substance Misuse Drop in service 18+ years	Drop in Lorraine 07485359896

### Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details  
[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:  
[www.facebook.com/groups/thurrockchildrenscentres](http://www.facebook.com/groups/thurrockchildrenscentres)

Are you registered with the Family Hub? If not, you can do this online  
[www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)