

Chadwell Family Hub

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What's on in September 2025

Start for Life - 0 to 12 months

Days of the week	Start	End	Activity	How to join in
Mondays	11am	Midday	Start for Life – Shiny and Lights 8 September	All welcome
Tuesdays	1:30pm	2:30pm	Infant Feeding	Book in advance 0300 300 1999
Wednesdays	9:15am	10am	Storytime and Rhymes 17 September	All welcome
	9:30am	11am	Baby Weighing Clinic	Drop in
	10am	11am	Start for Life – Colours 10 September 2025	All welcome

12 to 24 months

Mondays	1:30pm	2:30pm	Start for Life – Fun with Printing and Painting 8 September	Book in advance
Wednesdays	9:30am	11am	Baby Weighing Clinic	Drop in
	10:15am	11am	Story time and Rhymes 17 September	All welcome
Thursdays	9am	1pm	Developmental Checks	Book in advance
Fridays	11am	Midday	Start for Life - Stay and Play 12, 19 and 26 September	All welcome

Services and activities for parents and children aged 2-19 years

24 to 60 months

Mondays	9:30am	10:30am	Garden Group 8 and 29 September	All welcome
Tuesdays	1:30pm	2:30pm	HENRY – Fussy Eating workshop at Tilbury Family Hub 30 September	Please call Tilbury Family Hub on 01375 858243 to book your place
Wednesdays	10:15am	11am	Storytime and Rhymes 17 September	All welcome
Thursdays	9am	1pm	Developmental Checks	Book in advance
Fridays	9:30am	10:30am	Stay and Play 12,19 and 26 September	All welcome
	1:30pm	2:30pm	SEND – Just for You at Tilbury Family Hub 12, 19 and 26 September 19 September – Aladdin’s Cave	All welcome Please call Tilbury Family Hub on 01375 858243 for more information

5 to 19 years

Fridays	3:15pm	4:15pm	Stay and Play After School (4 to 8 years) 19 and 26 September	All welcome
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General Family Hub Support Services

Monday	10am	11am	Essentials Bank at Tilbury Family Hub	Drop in Please call Tilbury Family Hub on 01375 858243 for more information
	10am	Midday	Local Area Coordinator – Helen Catterick 8,15 and 29 September	Drop in For more information please contact Helen on 07710950318 hcatterick@thurrock.gov.uk
Tuesdays	9am	5pm	Midwife Clinic	Book in advance
Wednesdays	9am	2.30pm	Midwife	Book in advance
	2.30pm	3.45pm	ONE COMMUNITY Steps to Success Job Club Opportunity	Drop in
Thursdays	9:30am	4:30pm	Changing Pathways	Drop In
	10am	2pm	Prevention and Support Service (PASS) 18 September	Drop in

Fridays	9:30am	4pm	Parental Outreach advice session 19 September	Book in advance
	1pm	2pm	Essentials Bank at Tilbury Family Hub	Please call Tilbury Family Hub on 01375 858243 for more information

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details
www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockschildrenscentres

Are you registered with the Family Hub? If not, you can do this online
www.thurrock.gov.uk/family-hubs