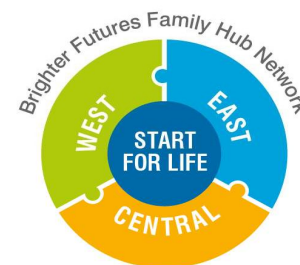


Ockendon Family Hub

2a Afton Drive, South Ockendon, RM15 5PA
 Email: ockendoncc@thurrock.gov.uk Phone: 01375 413 936



 thurrock.gov.uk

What's on in September 2025

0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	11am	Midday	Baby Rhyme Time 8 and 29 September	Book in advance
	10:30am	11:30am	Time for you and baby too 1, 8, 15, 22 and 29 September	All welcome
Tuesdays	9:15am	10:15am	Messy Play Babies 9, 16, 23 and 30 September	All welcome
	1:30pm	2:30pm	SEND – Just for You 9, 16, 23 and 30 September	All welcome
Wednesdays	11am	Midday	Let's talk with your baby 10, 17 and 24 September	Book in advance
	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 17 September (every 3 rd Wed in the month - term time only)	All welcome
Thursdays	1:30pm	2:30pm	Start for Life - Stay and Play 11, 18 and 25 September	All welcome
Fridays	9:15am	10:15am	Sensory Play Babies 12, 19 and 26 September	Book in advance
	11am	Midday	Baby Massage 5, 12, 19 and 26 September	Book in advance
	1:30pm	2:30pm	Just for Dads 12 September	All Dads welcome

12 to 24 months:

Mondays	10:30am	11:30am	Time for you and baby too 1, 8, 15, 22 and 29 September	All welcome
Tuesdays	11am	Midday	Messy Play 9, 16, 23 and 30 September	All welcome
	1:30pm	2:30pm	SEND – Just for You 9, 16, 23 and 30 September	All welcome
Wednesdays	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 17 September (every 3 rd Wed in the month - term time only)	All welcome
Thursdays	9:15am	10:15am	Start for Life - Stay and Play 11, 18 and 25 September	All welcome
Fridays	11am	Midday	Sensory Play Toddlers 12, 19 and 26 September	Book in advance
	1:30pm	2:30pm	Just for Dads 12 September	All Dads welcome
	1:30pm	2:30pm	Soft Play 12, 19 and 26 September	Book in advance

Services and activities for parents and children aged 2-19 years 24 to 60 months:

Mondays	9am	10am	Chatterbox 8, 15, 22 and 29 September	Referral only
	1:30pm	2:30pm	Garden Group 22 and 29 September	All welcome
Tuesdays	11am	Midday	Messy Play 9, 16, 23 and 30 September	All welcome
	1:30pm	2:30pm	SEND – Just for You 9, 16, 23 and 30 September	All welcome
Wednesday	9am	10am	Chatterbox 10, 17 and 24 September	Referral only
	4pm	5:30pm	Young Carers (4-8 years) 10, 17 and 24 September	Referral only
Thursdays	11am	Midday	Start for Life - Stay and Play 11, 18 and 25 September	All welcome
Fridays	9:15am	10:15am	Fun with Small World 12, 19 and 26 September	All welcome
	1:30pm	2:30pm	Just for Dads 12 September	All Dads welcome
	1:30pm	2:30pm	Sand and Water Play 19 and 26 September	All welcome

General Family Hub Support Services:

Mondays	9am	3pm	Children's Occupational Therapy Pre-school Clinic (every 3 rd Monday in each month) 15 September	Book in advance by email: childrensotdropin@nelft.nhs.uk
Tuesdays	9am	5pm	Brook Sexual Health Clinic	Prebooked appointments from our website: www.brook.org.uk/thurrock
	9:30am	Midday	Parent/Carer Panel 23 September	Call to book your place: 07894 710373
	10:30am	Midday	Thurrock Virtual School: Information, advice and guidance on education matters and supporting children in education (Parents of 2 to 18 year olds) 23 September	Drop in
Wednesdays	9am	5pm	Midwife appointments	Book in advance
	9am	Midday	Infant Feeding Advice and Support	Book in advance 0300 300 1999
	9:30am	4pm	1- and 2-year development checks	Book in advance 0300 300 1999
	1pm	3:30pm	Speech and Language Clinic 24 September (4 th Wednesday in every month)	Appointments only by email: Drop-in@nelft.nhs.uk
Thursdays	9am	5pm	Midwife appointments	Book in advance
	9am	11:15am	Antenatal Blood Tests	Book in advance with your midwife
	9am	4pm	Parent Outreach Advice Session 18 September	Book in advance
	1pm	5pm	Newborn Screening	Book with your midwife
Fridays	9am	4pm	Midwife appointments	Book in advance
	10am	3pm	Substance Misuse Drop in service 18+ years	Drop in with Lorraine 07485359896

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details
www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online
www.thurrock.gov.uk/family-hubs