



(In the grounds of) Belmont Castle Academy, Parker Road, Grays, RM 17 5YN

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 thurrock.gov.uk

What's on in September 2025

Start for Life

0 to 12 months

Day	Start	End	Activity	How to join in
Monday	9.30am	10.30am	Start for Life – Baby Massage	Book in advance
	11.00am	12.00pm	Start for Life – Let's Talk with Your Baby`	Book in advance
Tuesday	9.30am	12.30pm	Infant Feeding Clinic	Book in advance 0300 300 1999
	11.00am	12.00pm	Sensory Play 9th and 23rd September	All welcome
Wednesday	1.30pm	2.15pm	Stories and Rhymes 10th and 24th September	All welcome
Thursday	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. 11th September	All welcome
Friday	10.00am	11.30am	Baby Weighing Clinic	All welcome
	11.00am	12.00pm	Baby Rhyme Time 5th and 19th September	All welcome
	12.30pm	2.30pm	Infant Feeding Clinic	Book in advance 0300 300 1999

12 to 24 months

Tuesday	9.30am	10.30am	Start for Life - Stay and play 9th, 16th, 23rd and 30th September	All welcome
	11.00am	12.00pm	Sensory Play 16th and 30th September	All welcome
Wednesday	2.30pm	3.15pm	Stories and Rhymes 10th and 24th September	All welcome
	9.30am	10.30am	Bookstart Toddler 11th September	Book in advance

Thursday	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. 11th September	All welcome
	1.30pm	2.30pm	Garden Group 11th and 25th September	All welcome
Friday	9.30am	10.30am	Fun with Wheels, Bikes and Trikes – 5th September Fun with colours and Textures – 19th September	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.30pm	2.30pm	Messy Play 5th and 19th September	All welcome

Services and activities for parents and children aged 2-19 years.

24 to 60 months

Monday	2.00pm	3.00pm	Stay & Play 1st, 22nd and 29th September	All welcome
Tuesday	11.00am	12.00pm	Sensory Play 16th and 30th September	All welcome
Wednesday	9.30am	10.30am	Fun with Small World 3rd, 10th and 24th September	All welcome
	11.00am	12.00pm	Bring a Story to Life 3rd, 10th and 24th September	All welcome
	1.30pm	2.30pm	Stay & Play 3rd, 10th and 24th September	All welcome
	2.30pm	3.15pm	Stories and Rhymes 10th and 24th September	All welcome
Thursday	1.30pm	2.30pm	Garden Group 11th and 25th September	All welcome
	3.15pm	4.15pm	Stay & Play – After School 11th and 25th September	All welcome
Friday	9.30am	10.30am	Fun with Wheels, Bikes and Trikes – 5th September Fun with Colours and Textures – 19th September	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.30pm	2.30pm	Messy Play 5th and 19th September	All welcome

General Family Hub Support Services.

Monday	8.30am	12.00pm	Housing Advice for Council Tenants	01375 652 652 Option 4
	9.00am	3.00pm	Joint OT/Physio Baby Clinic 1st September	Referral only
	10.00am	11.30am	Parent Carer Panel 22nd September	Book in advance
Tuesday	12.00pm	1.00pm	Blooming Together – Infant Feeding Support Group 30th September	Drop-in
	1.30pm	2.30pm	ESOL – Conversation Club 16th, 23rd and 30th September	Book in advance
Wednesday	9.00am	4.00pm	Forward Trust - Addiction Service	Drop in Lorraine. G 07977 792 236
	9.30am	12.00pm	SEND Forum 10th September	All welcome
Thursday	9.30am	12.00pm	SEND Forum 25th September	All welcome
	10.00am	12.30pm	Job club – Supported Families Employment Advisor	Book in advance 07776 345 301
	10.00am	11.30am	Parental Outreach Advice Session 25th September	Book in advance
Friday	1.00pm	4.30pm	Early Interactions Advice Therapy	Referral Only

Brighter Futures – Family Hub Offer

Please use this link to see the Children's Centre offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockschildrenscentres

**Are you registered with the Family Hub? If not, you can do this online. Visit:
www.thurrock.gov.uk/family-hubs**